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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Section obligati	this box if no longer subject to 16. Form 4 or Form 5 ons may continue. <i>See</i> ion 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average bu	ırden								
hours por rosponso:	0 5								

1. Name and Address of Reporting Person*	2. Issuer Name and Ticker or Trading Symbol KVH INDUSTRIES INC \DE\ [KVHI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
<u>KITS VAN HEYNINGEN MARTIN</u>		X Director 10% Owner				
	—	V Officer (give title Other (specify				
(Last) (First) (Middle)	3. Date of Earliest Transaction (Month/Day/Year)	below) below)				
KVH INDUSTRIES, INC.	03/11/2010	CEO/Chairman BOD				
50 ENTERPRISE CENTER						
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable				
(Street)		Line)				
MIDDLETOWN RI 02842		X Form filed by One Reporting Person				
	_	Form filed by More than One Reporting Person				
(City) (State) (Zip)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Table 1 - Non-Derivative decunities Acquired, Disposed of, or Denenotary Owned											
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	03/11/2010		F		6,963	D	\$12.9	348,653	D		
Common Stock	03/12/2010		A ⁽¹⁾		35,000	Α	\$ <mark>0</mark>	383,653	D		
Common Stock								8,958	I	By Spouse	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(e.g., puls, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of I		Expiration Date (Month/Day/Year)		 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) 		8. Price of Derivative Security (Instr. 5)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Options- Right to Buy	(2)							(2)	(2)	Common Stock	(2)		70,000 ⁽³⁾	D	
Employee Stock Options- Right to Buy	(2)							(2)	(2)	Common Stock	(2)		2,975 ⁽⁴⁾	I	By Spouse

Explanation of Responses:

1. Restricted stock grant issued pursuant to the terms & conditions of KVH Industries' 2006 Stock Incentive Plan. Restricted stock grant will vest annually in four equal installments, the first of which will vest on 3/12/11, provided the executive is employed by the Company at the time of vesting.

2. Not applicable

3. Represents total vested/unexercised options "beneficially owned".

4. Represents total vested/unexercised options "beneficially owned" by spouse.

Remarks:

Martin Kits van Heyningen

** Signature of Reporting Person

03/15/2010

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.