FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(n) of the investment Company Act of 1940	
1. Name and Address of Reporting Person* Balog Robert J (Last) (First) (Middle) KVH INDUSTRIES, INC.			2. Issuer Name and Ticker or Trading Symbol KVH INDUSTRIES INC \DE\ [KVHI] 3. Date of Earliest Transaction (Month/Day/Year) 02/24/2010	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Senior VP Engineering
50 ENTERI	PRISE CENTER			
(Street) MIDDLETO		02842	4. If Amendment, Date of Original Filed (Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person
(City)	(State)	(Zip)		
		Table I - Non-De	erivative Securities Acquired, Disposed of, or Ben	eficially Owned

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	02/24/2010		J ⁽¹⁾		9,000	A	\$10.11	41,930	D		
Common Stock	02/24/2010		S ⁽²⁾		2,100	D	\$12.44	39,830	D		
Common Stock	02/24/2010		S ⁽²⁾		1,000	D	\$12.23	38,830	D		
Common Stock	02/24/2010		S ⁽²⁾		200	D	\$12.29	38,630	D		
Common Stock	02/24/2010		S ⁽²⁾		606	D	\$12.45	38,024	D		
Common Stock	02/24/2010		S ⁽²⁾		360	D	\$12.42	37,664	D		
Common Stock	02/24/2010		S ⁽²⁾		100	D	\$12.41	37,564	D		
Common Stock	02/24/2010		S ⁽²⁾		1,134	D	\$12.46	36,430	D		
Common Stock	02/24/2010		S ⁽²⁾		300	D	\$12.4525	36,130	D		
Common Stock	02/24/2010		S ⁽²⁾		2,100	D	\$12.35	34,030	D		
Common Stock	02/24/2010		S ⁽²⁾		400	D	\$12.36	33,630	D		
Common Stock	02/24/2010		S ⁽²⁾		600	D	\$12.4	33,030	D		
Common Stock	02/24/2010		S ⁽²⁾		100	D	\$12.38	32,930	D		

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Seci Acq (A) o Disp of (E				7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		ount of urities Security (Instr. 5)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Options- Right to Buy	\$10.11	02/24/2010		J ⁽³⁾			9,000	01/31/2009 ⁽⁴⁾	03/03/2010	Common Stock	9,000	\$10.11	21,750 ⁽⁵⁾	D	

Explanation of Responses:

- 1. Shares acquired via the exercise of an expiring stock option pursuant to the terms & conditions of the company's 2003 Incentive & Non-qualified Stock Option Plan.
- $2. \ Shares \ sold \ according \ to \ the \ terms \ of \ a \ Rule \ 10b5-1 \ trading \ plan \ established \ with \ ETRADE \ Securities \ LLC.$
- 3. Exercise of an expiring stock option pursuant to the terms & conditions of the company's 2003 Incentive & Non-qualified Stock Option Plan.
- 4. Date option fully vested.
- $5.\ Represents\ total\ vested/unexercised\ options\ "beneficially\ owned".$

Remarks:

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.