FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* KITS VAN HEYNINGEN MARTIN						2. Issuer Name and Ticker or Trading Symbol KVH INDUSTRIES INC \DE\ [KVHI]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
	(F DUSTRIES ERPRISE C			Date o		iest Tran	saction (N	Month	/Day/Year)		X Officer (give title Other (specify below) CEO/Chairman BOD										
(Street) MIDDLETOWN RI 02842						4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)																		
			ble I - No			_			_	l, Di	sposed o			ially							
1. Title of Security (Instr. 3) 2. Trai Date (Mont					action Day/Yea	ır) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a			d 5)	Securitie Beneficia Owned F	5. Amount of Securities Beneficially Owned Following Reported		: Direct I Indirect E str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D)	Price		Transact (Instr. 3 a				,		
Common	Stock			01/11	01/11/2010				J ⁽¹⁾		10,000	A	\$10	0.11	367	7,937		D			
Common	Stock			01/11	/2010	.010			S ⁽²⁾		792	D	\$14.92		367	7,145		D			
Common	Stock			01/11	/2010	.010			S ⁽²⁾		693	D	\$15	\$15.05		6,452		D			
Common	Stock			01/11	/2010	2010			S ⁽²⁾		1,283	D	\$14	\$14.93		5,169		D			
Common	Stock			01/11	/2010	.010			S ⁽²⁾		100	D	\$14.	\$14.9201		5,069		D			
Common	Stock			01/11	/2010				S ⁽²⁾		500	D	\$15	\$15.05		1,569		D			
Common Stock 01/11/2						010			S ⁽²⁾		415	D	\$14	\$14.93		4,154		D			
Common Stock 01/11/20							010				217	D	\$14	\$14.92		3,937		D			
Common Stock 01/11/20						010			S ⁽²⁾		1,850	D	\$14	\$14.94 362		2,087		D			
Common Stock 01/11/20						010			S ⁽²⁾		250	D	\$14	\$14.91		1,837		D			
Common Stock 01/11/20						010			S ⁽²⁾		200	D	\$15.06		361	51,637		D			
Common Stock 01/11/20						010			S ⁽²⁾		1,450	D	\$14.92		360,187			D			
Common Stock 01/11/20									S ⁽²⁾		2,250	D	\$14	1.93	357	,937		D			
Common Stock														8,		,958			By Spouse		
			Table II								oosed of, convertib				wned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	action Execution Date, if any (Month/Day/Year) Acquired (A) Code (Instr. Section Code (Instr.				5. Number 6. Date Exercisable and 7. Title and Amo						Derivative Security		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	e V (A		(D)	Date Exercisable		Expiration Date	Title	Amou or Numb of Share	ber								
Employee Stock Options- Right to Buy	\$10.11	01/11/2010			J ⁽³⁾		10,000		03/03/2009 ⁽⁴⁾		03/03/2010	Common Stock	10,000		\$10.11	65,000 ⁽⁵⁾		D			
Employee Stock Options- Right to Buy	(6)								(6)		(6)	Common Stock	(6)			2,975 ⁽	7)	I	By Spouse		
	n of Pasnons											,									

- 1. Shares acquired via the exercise of an expiring stock option pursuant to the terms & conditions of the company's 2003 Incentive & Non-qualified Stock Option Plan.
- 2. Shares sold according to the terms of a Rule 10b5-1 trading plan established with ETRADE Securities LLC.
- 3. Exercise of an expiring stock option pursuant to the terms & conditions of the company's 2003 Incentive & Non-qualified Stock Option Plan.

- 4. Date option became fully vested.
- 5. Represents total vested/unexercised options "beneficially owned".
- Not applicable
- 7. Represents total vested/unexercised options "beneficially owned" by spouse.

Remarks:

Martin Kits van Heyningen 01/15/2010

** Signature of Reporting Person D

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.